Tuesday Wednesday Thursday Saturday Monday Sunday Friday 8:45 am-Coffee Hour-Bistro 2PM - Learn how to knit: 10:30am-Stay Fit GA Back to the Basics Bistro 10:00am Tai Chi SL Alcove 3:00 Café and Pub SL **JUNE 2018** 2PM - Music with Cameron 6:30pm Euchre DR Denomme GA 3 PM Social Hour AR Woodland Towers and Hamlet Estates Activities Janine away 8:45 am-Coffee Hour-Bistro 10:00am TV Church Service 2 8:45 am-Coffee Hour-Bistro 10:15am-Mid-level Fitness GA 8:45 am-Coffee Hour-Bistro 10:15am-Mid-level Fitness GA 10AM – 11AM: 50/50 tickets ML 5 8:45 am-Coffee Hour-Bistro 10:15am-Mid-Level 8:45 am-Coffee Hour- Bistro g 3:00 Café and Pub SL 10AM - 11AM: 50/50 tickets ML 10:30am-Stay Fit GA 6:30pm Euchre DR 10:30am-Stay Fit- AR 10:15 am- Strength FitnessGA 6:30pm UNO DR 1 PM-Hand Waxing- ML **FitnessGA** 10:00am Tai Chi SL Alcove 12PM - Steak BBQ 1:30 pm Scrabble- DR 11am - BP Clinic Janine's Office 12PM - Steak BBQ **7PM- Hymn Sing with Bethel** 1:30 WT Singers AR 1:30 Balance Class- AR 1:30 -Strength Fitness GA 1 PM- Hand Waxing- ML Church SL (Sign-up) AR (Sign-up) AR 1:15pm- Scotia Bank-QR 2PM - Music with the Half 1:30pm Adult Colouring with 1:30pm- Balance Fitness Class GA 2PM - Nic Scott Band SL Tones SL K-K-K-Katie RR 2PM - Movie Matinee: The 2 PM Cards & Games RT 3 PM Crokinole RR 3 PM Social Hour AR 3 PM Social Hour AR Parent Trap (1998) GA 3:30 to 8:30 pm Voting Station GA 6:30 pm Cribbage DR 7pm – Violas Tribute BandSL 1:30 - Men's Strength AR 7 PM Bingo DR 7 PM Bridge DR 6:30pm Euchre- DR 7PM Joel Horvath SL music Janine awav 8:45 am-Coffee Hour- Bistre 5 10:00am TV Church Service 8:45 am-Coffee Hour-Bistro 1 8:45 am-Coffee Hour-Bistro 2 8:45 am-Coffee Hour-Bistro 1 10:15am-Mid-level Fitness GA 10AM – 11AM: 50/50 tickets ML 10am – Credit Union QR 10AM – 11AM: 50/50 tickets ML 10:30am-Stay Fit GA <mark>2PM – Video Dance and</mark> 10:30am-Stav Fit- GA 6:30pm UNO DR 1:30 WT Singers AR 10:15am-Mid-Level 10:15 am- Strength FitnessGA 10:00am Tai Chi SL Alcove Ice Cream Sundae's! G 1:30pm- Balance Fitness Class GA 1:30 -Strength Fitness GA 10:30am - Outing to 2PM - Woodland Towers **7PM- Hymn Sing with FitnessGA** 3:00 Café and Pub SL 2PM - Nature Walk ML 2 PM Cards & Games RT Schmidtsville Restaurant in 12PM - Hamburger BBQ DF Jubilee Church SL Singers Performance SL 6:30pm Euchre DR 7 PM Bingo DR 3 PM Crokinole RR Welleslev ML 1 PM- Hand Waxing- ML 2:30 Hamlet Tea RT Kim and Janine away 6:30 pm Cribbage DR 1:30 pm Scrabble- DR 2PM - Niagara Falls 3 PM Social Hour + 3PM - Classical Music with 1:30 Balance Class- GA Traveloque GA **Bring and Brag AR Udo Miller SL** 2PM - Kountry Korners SL 1:30 - Men's Strength AR Janine away 7 PM Bridge DR 3 PM Social Hour and 6:30pm Euchre- DR CAR TRIVIA AR 10:00am TV Church Service 7 8:45 am-Coffee Hour- Bistre 8 *No Coffee Hour* 20 8:45 am-Coffee Hour-Bistro 10AM – 11AM: 50/50 tickets ML 10AM – 11AM: 50/50 tickets ML *No Coffee Hour* *No Coffee Hour* 2PM - Learn how to knit:23 10:15am-Mid-level Fitness GA 10:15am-Mid-Level 10:30am-Stay Fit AR Back to the Basics Bistro 6:30pm UNO DR 1 PM-Hand Waxing- ML 10:30am-Stay Fit- GA 10:15 am- Strength FitnessGA 10:00am Tai Chi SL Alcove **FitnessGA** 3:00 Café and Pub SL 1:30 pm Scrabble- DR 1:30pm- Balance Fitness Class GA 1:30 WT Singers AR 1:15pm- Scotia Bank-QR **7PM- Hymn Sing with the** 6:30pm Euchre DR 2PM - Summer Solstice 1:30 Balance Class- GA 1:30 -Strength Fitness GA Stewarts SL 1:30 - Men's Strength AR Patio Party! AR 2PM - Sundae Monday CAR SHOW! 5:30PM - Hamlet BBQ GA LAPPY Kim away 2 PM Cards & Games RT Birthday with Wyatt Ladd SL 6:30pm Euchre- DR **5PM - 8PM Rear Parking** FATHER'S 2:30pm - Music with 3 PM Crokinole RR Lots of Spruce Lodge Stephanie SL 6:30 pm Cribbage DR **Food, Music, Cars, and More!* 7 PM Bingo DR 7 PM Bridge DR Definitely a MUST see @ Summer Begins 10:00am TV Church Service 8:45 am-Coffee Hour-Bistro28 10AM – 11AM: 50/50 tickets ML *No Coffee Hour* 25 8:45 am-Coffee Hour-Bistro 8:45 am-Coffee Hour-Bistro 10:15am-Mid-level Fitness GA 10AM – 11AM: 50/50 tickets ML 8:45 am-Coffee Hour-Bistro Mini Market 9am-12:30 PM *No Coffee Hour* 3:00 Café and Pub SL No Stay Fit ' 6:30pm Euchre DR 10:15 am- Strength FitnessGA 10:30am-Stay Fit- GA 6:30pm UNO DR 1:30 WT Singers AR 10:00am Tai Chi SL Alcove in WT Lobby 1:30pm- Balance Fitness Class GA 1:30 pm Scrabble- DR 1:30 -Strength Fitness GA 7PM- Hymn Sing with Carla 2PM - Dan the Country Man 10am - Credit Union QR 2 PM Cards & Games RT 3 PM Crokinole RR 1:30 Balance Class- GA Pol and Friends SL Canada Party SL 10:15am-Mid-Level 7 PM Bingo DR 3 PM Social Hour AR 6:30 pm Cribbage DR **FitnessGA** 7PM - The Just for Fun Band! 7 PM Bridge DR 1:30 - Men's Strength AR 7PM - Parkview Church Kim away 2PM - Birthday Party with Praise Band SL Tom and Caroline GA Janine and Kim away 6:30pm Euchre- DR Your Activity Coordinator is Kim Luckhardt. 519-271-4090 x 2230 or WTActivities@sprucelodge.on.ca

Spruce Lodge Entertainment Spruce Lodge Living Room

Friday, 1st = The Golden Oldies 2PM

Monday, 4th = Music with the Half Tones 2PM

Tuesday, 5th = Violas Tribute 2PM

Thursday, 7th = Music with Joel Horvath 7PM

Friday, 8th = The Nic Scott Band 2PM

Monday, 11th = Music with Udo Miller 3PM

Tuesday, 12th = Kountry Korners Band 2PM

Friday, 15th = Resident/ WTS Performance 2PM

Monday, 18th = Sundae Mon. Wyatt Ladd 2PM

Thursday, 21st = Music with Stephanie 2:30PM

Monday, **25**th = Parkview Church Praise Band 7PM **Thursday**, **28**th = The Just for Fun Band 7PM

Friday, 29th = Dan the Country Man 2PM

Store Hours:

Mondays 9:30am-11am

Fridays

9:30am -11am

Credit Union-QR

Wednesday, June 13th and 27th at 10 am
Scotia Bank - QR

Wednesday, June 6th and 20th at 1:15pm

Blood Pressure Clinic

Wed, June 6th at 11AM in Janine's Office

Program Area Codes:

AR - Activity Room SL- Spruce Lodge GA - Griffith Auditorium RT - Rotunda – Hamlet Estates DR - Dining Room FL - Front Lobby

Mini Market/ Bake Sale

Wednesday, June 27th from 9am – 12:30pm in the ML

The June Birthday Party is on Wednesday, June 27th at 2pm in the Griffith Auditorium. Come and join us for cake and ice cream, coffee and tea, and Special Music from Tom and Caroline!

Music with Cameron Denomme

On *Friday, June* 1st, Cameron Denomme will be entertaining us in *the Griffith Auditorium at 2pm!*Come and listen to your favourite tunes from the 50's!

A white sports coat and a pink carnation

Adult Colouring with KKKKatie!

Well folks, she missed us! Our previous co-op student Katie will be joining us again as a volunteer. Katie enjoys facilitating a variety of programs, and this month she will be returning to run *the adult colouring book program*, in the *Activity Room*, on *Tuesday, June 5th and 19th at 1:30pm*. Join Katie to catch up, and visit while taking part in this relaxing program. Bring your own colouring book, or use one of our colouring pages.

Movie Matinee: The Parent Trap

Our movie matinee for this month will be the fun family comedy "The Parent Trap". Identical twins Annie and Hallie, separated at birth and each raised by one of their biological parents, later discover each other for the first time at summer camp and make a plan to bring their wayward parents back together. Come and watch this summer themed movie with us in the Griffith Auditorium on Wednesday, June 6th at 2pm in the Griffith Auditorium.

Freshly popped buttered popcorn will be complimentary and pop costs \$1.

Steak BBQ's

It's that time of year again for some delicious **steak BBQ's!**Come and enjoy a 5oz steak with a baked potato, Caesar salad and an Ice Cream Sandwich. **Thursday, June 7**th and **Friday June 8**th. Sign your name on the main activity board and pay Kim your \$10.50 ASAP if you wish to attend

Check out the following link, or pass it along to your family and friends, to view Activity Calendars, Information about our home, important announcements and More!:

https://sprucelodge.on.ca/

June Chapel Services

Thursday, June 7th

Zion Lutheran Communion Service with Rev. Jeff Lausten 11am

Wednesday, June 13th

RC Communion 10:30am LCC Communion 11:15am

Thursday, June 14th

St. Andrews Presbyterian Communion Service with Rev. Mark Wolfe 11am

Wednesday, June 20th

Readings and Prayers with Lorraine Brooks 2PM

Thursday, June 21st

St. Paul's Anglican Church with Rev. Daniel Bowyer at 11am

Wednesday, June 27th

Hymn Sing with Gladys 2PM

Thursday, June 28th

Avondale United Communion Service with Rev. Keith Reynolds 11am

Please remember to check your Program Calendars regularly, as locations of Activity Programs and Exercise Classes may change **

Additional Program

Descriptions will be located

on attached insert