












Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

 <p><b>January 2019</b> <b>Spruce Lodge</b></p>	<p><b>New Year's Stat</b> 1</p>  <p>New Year's Day</p>	<p>10:00 Friendly Visits 2 10:30 Indoor Gardening 2:00 Friendly Visits 2:00 Bingo (LR) 3:00 S.L. Café &amp; Pub</p>	<p>10:00 3 Traveling Spa Morning <b>11:00 Church Service/</b> 1:30 Art Class(Alc) 1:30 Adv. Exercise(Chpl.) 3:00 S.L. Café &amp; Pub</p>	<p>10:00 Tai Chi/ Alc. 4 10:30 Friendly Visits <b>10:00 Tone Chime group</b> <b>11:30 Men's Music</b> 2:00 January Trivia Fun Game 3:00 S.L. Café &amp; Pub</p>	<p>10:30 5 Indoor Strolls 2:00 Bingo(LR) 3:00 S.L. Café &amp; Pub</p>
<p>10:00 T.V. Church 6 10:30 Word games (Fireplace room) 1:30 Adult Colouring Group (ALC)  3:00 SL Café &amp; Pub <b>7:00 Hymn Sing with</b></p>	<p>10:30 Word Games 7 <b>10:00 Lady's Music</b> 2:00 Reminiscing Cart 3:00 S.L. Café &amp; Pub 3:30 Visits with the Campbell Family (LR)</p>	<p>10:30 8 Fun and Fitness (ALC) <b>11:15 Pet Cleaning Care</b> 2:00 Karaoke Fun (LR)  3:00 S.L. Café &amp; Pub</p>	<p>10:00 Friendly Visits 9 10:30 Indoor Gardening 2:00 Friendly Visits 2:00 Bingo (LR) 3:00 S.L. Café &amp; Pub</p>	<p>10:00 10 Indoor Strolls <b>11:00 Church Service/</b> 1:30 Art Class(Alc) 1:30 Adv. Exercise(Chpl.) 3:00 S.L. Café &amp; Pub <b>6:30</b> <b>Sing along with Karen</b></p>	<p>10:00 Tai Chi/ Alc. 11 10:30 Friendly Visits <b>10:00 Tone Chime group</b> <b>11:30 Men's Music</b> <b>2:00</b> <b>The Nic Scott Band</b> 3:00 S.L. Café &amp; Pub</p>
<p>10:00 T.V. Church 13 10:30 Indoor Walks 2:00 Cards and Games 3:00 SL Café &amp; Pub <b>7:00 Hymn Sing with</b></p>	<p>10:00 14 Christian School Kids Visit/Grade 4/5 <b>10:00 Lady's Music</b> 2:00 Spelling Bee (ALC) 3:00 S.L. Café &amp; Pub 3:30 Visits with the Campbell Family (LR)</p>	<p>10:30 15 Hand Massages <b>11:15 Pet Cleaning Care</b> 2:00 Balloon Volley Ball Game 3:00 S.L. Café &amp; Pub <b>5:30 Taco Sign up Dinner</b></p>	<p>10:30 16 Make up &amp; Glamour Shots (LR)  2:00 Bingo (LR) 3:00 S.L. Café &amp; Pub 6:30 Cards &amp; Board Games</p>	<p>10:00 Scrapbooking 17 <b>11:00 Church Service/</b> 1:30 Art Class(Alc) 1:30 Adv. Exercise(Chpl.) <b>2:30 Music with Stephanie (LR)</b> 3:00 S.L. Café &amp; Pub <b>7:00 Music/Joel Horvath</b></p>	<p>10:00 Tai Chi/ Alc. 18 10:30 Friendly Visits <b>10:00 Tone Chime group</b> <b>11:30 Men's Music</b> 2:00 Tea Tasting Game 3:00 S.L. Café &amp; Pub</p>
<p>10:00 T.V. Church 20 10:30 Musicians &amp; Their Music  <b>1:20-2:40</b> <b>Tim Horton's Break</b> <b>7:00 Hymn Sing with</b></p>	<p>10:30 Adult Colouring 21 <b>10:00 Lady's Music</b> <b>2:00</b> <b>Sun. Mon. Birthday Party with Conn Smyth</b> 3:00 S.L. Café &amp; Pub 3:30 Campbell Family <small>Tu B'Shevat</small></p>	<p>10:30 22 "Name That Tune" Game <b>11:15 Pet Cleaning Care</b> 2:00 Bingo (LR) 3:00 S.L. Café &amp; Pub <b>6:15 Movie Night Fun</b> </p>	<p>10:00 Friendly Visits 23 10:30 Indoor Gardening <b>2:00</b> <b>Residence Council Meeting (Chapel)</b> 3:00 S.L. Café &amp; Pub 6:30 Cards &amp; Board Games</p>	<p>10:00 Baking Fun 24 <b>11:00 Church Service/</b> 1:30 Art Class(Alc) 1:30 Adv. Exercise(Chpl.) 3:00 S.L. Café &amp; Pub <b>7:00 The Just for Fun Band</b></p>	<p><b>**Wear your Plaid**</b> 25 <b>Robbie Burns Day</b> 10:00 Tai Chi/ Alc. <b>10:00 Tone Chime group</b> <b>2:00</b> <b>Friends with Music Band</b> 3:00 S.L. Café &amp; Pub</p>
<p>10:00 T.V. Church 27 10:30 Word games (Fireplace room)  1:30 Painting fun (ALC) 3:00 SL Café &amp; Pub <b>7:00 Hymn Sing with</b></p>	<p>10:00 28 Christian School Kids Visit/Grade 4/5 <b>10:00 Lady's Music</b> 2:00 SL Scavenger Hunt 3:00 S.L. Café &amp; Pub 3:30 Visits with the Campbell Family (LR) <small>Australia Day (observed)</small></p>	<p>10:30 29 Winter Craft Fun <b>11:15 Pet Cleaning Care</b> 2:00 Ice Cream Sunday Traveling Cart  3:00 S.L. Café &amp; Pub</p>	<p>10:00 Friendly Visits 30 10:30 Indoor Gardening 2:00 Bingo (LR) 3:00 S.L. Café &amp; Pub 6:30 Cards &amp; Board Games</p>	<p><b>10:20 Shopping Trip</b> 31 10:00 Traveling Spa Morning <b>11:00 Church Service/</b> 1:30 Art Class(Alc) 1:30 Adv. Exercise(Chpl.) 3:00 S.L. Café &amp; Pub</p>	<p><b>1. Swimming is Wednesdays at 10:00am.</b> <b>2. Bingo Thursday night's, 7-8 in Woodland Towers Dining Room.</b> <b>If interested in going contact Activity Staff.</b>  </p>