

Spruce Lodge Entertainment Spruce Lodge Living Room

Wednesday, 7th = Stratford Police Pipe Band 6:45pm Friday, 9th = Sing Along with Karen 2PM Tuesday, 13th = Kountry Korners Band 2PM Wednesday, 14th = Music with Shakey and Jamie 2PM Monday 19th = Sundae Monday with Conn Smythe 2PM Tuesday. 27th = Music with Karen Rempel 10am Friday, 30th=Friends with Music 2PM

Store Hours:

Mondays 9:30am-11am (Closes on Civic Holiday) Wednesdays

1:30pm – 3pm (Only open on August 7th) Fridays

9:30am -11am

Credit Union-QR

Wednesday, August 14th and 28th at 10AM in the QR

Scotia Bank-QR

Wednesday, August 7th and 21st from 1:15pm to 2:15pm in the OR

Blood Pressure Clinic

Wednesday, August 7th at 11AM in Janine's Office

Program Area Codes:

AR - Activity Room
B - Bistro
SL- Spruce Lodge
GA - Griffith Auditorium
RT - Rotunda –Hamlet
Estates

DR - Dining Room **FL** - Front Lobby

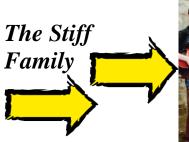
RR-Rose Room

QR – Quilting Room

ML – Main Lobby

The August Birthday Party is on Wednesday, August 28th at 2pm in the Griffith Auditorium. Come and join us for cake and ice cream, coffee and tea, and Special Music with Conn Smythe!

Mary's Mini Market and Diana's Bakery will be here on Wednesday, August 28th from 9am to 12:30pm in the Main Lobby of Woodland Towers





Smoked Pork Chop BBQ!

Join us on *Wednesday, August 7th* for the *Smoked Pork Chop BBQ* in the Dining Room at *11:30am*! This counts as one of your monthly meals. Feel free to bring some change if you'd like to purchase a beverage from the bar cart. \$1 Pop and \$3 Beer!

Monthly Sign-up's!

This month, we will be trialing a new method of sign-ups for outings, special meals and other events. For many years, we have been signing our names on the Main Activity Board for sign-ups, but starting this month, we will be signing up for all of the months events on the first Wednesday of each month. This will give you the opportunity to sign up through Kim directly, to pay in advance, and to ask questions regarding upcoming programs. You will also be able to provide suggestions for an outing or program/event idea. If you wish to attend any Outing, or class, join us at *2PM* in the *Main Lobby* on *Wednesday, August 7th!*. These sign-ups are for Woodand Towers and Hamlet Estates Residents. First Come – First Serve.

Stratford Police Pipe and Drum Band

On *Wednesday, August* 7th, the *Stratford Police Pipe and Drum Band* will be performing at *6:45pm* at the **front entrance of Spruce Lodge**. Come on out to hear all of your favourite Bagpipe tunes. This event is free to all, and we welcome you to invite family and friends. There will be some chairs available, but if you have a lawn chair or another type of comfortable seat available, please feel free to bring it along with you. This event will be weather permitting.

The Stiff Family Bluegrass Gospel Band

On *Saturday, August 10th*, the *Stiff Family* will be performing *Bluegrass Gospel Music* for us, while they are here on their summer tour. This family is currently residing on the East Coast, but they are back to share their beautiful music with us. This is a very musically talented family that will brighten your day. All are welcome – please invite anyone who you feel would enjoy this program! *2PM in the Dining Room on Saturday, August 10th*

See Insert for more program details!

Lunch at the Tin House/Shakespeare Pond

On *Tuesday, August 13th at 11am*, we will be hopping aboard the bus and touring to Shakespeare for Lunch at *the Tin House Fry Truck* (Burgers, Pulled Pork, Fries etc.). We will then be stopping at the Shakespeare Pond for some leisure time. (We may take our food to the picnic area at the pond for a nice view!). The cost of the bus is \$15.50. Please sign up in the Lobby at 2PM on Wednesday, August 7th if you'd like to come! You can also pay the day of the sign-up if funds are available.

Looking forward to having you join us!

New Comer's Group

Are you new to Woodland Towers or Hamlet Estates?

Would you like to learn more about the activity programs and events that are offered in your new home? Are you having trouble finding your way around? Or do you just have some general questions? Come on out for some complimentary tea/ coffee and cookies in the Bistro on *Thursday, August 15th at*2pm. Bring your questions, and come looking forward to meeting some folks who are on the same boat as you ©.

Lemonade Stand and Outdoor Games!

When life hands you lemons ...make LEMONADE! Join Katie for a refreshing glass of cold Lemonade on *Friday, August 16th at 2PM* in *the Main Lobby*. Only

50¢. Take your lemonade outside, or enjoy it in the Dining Room/ Bistro. After <u>Lemonade</u> is served, we will be playing some fun <u>outdoor games</u> (weather permitting of course!). We look forward to spending the afternoon with you!