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<b>No Activity Staff Here!</b> 	<b>Labor Day Stat.</b>  <small>Labor Day</small>	9:30 Fun and Fitness <b>3</b> <b>10:40-2:20 Picnic in the Park</b> 2:00 Adult Colouring (LR) 3:00 S.L. Café & Pub <b>7:00 Violas Tribute Band</b>  	10:30 <b>4</b> Reminiscing Group <b>10:30 Band Practice</b> <b>11:45 Movement &amp; Music</b> <b>2:00 Cooking Class with Judy (South Dining Room)</b> 3:00 S.L. Café & Pub	10:30 Art Class (ALC) <b>5</b> <b>11:00 Church Service</b> 1:30 Adv.Exercise.CH 2:00 Bingo (LR) 2:00 Outdoor Strolls 3:00 S.L. Café & Pub	10:30 Meditation Group <b>6</b> 11:15 News and Events-Café <b>2:00 Hymn Sing with Gladys and Karen</b> 3:00 S.L. Café & Pub	10:00 <b>7</b> Tea & Trivia 2:00 Bingo(LR) 3:00 S.L. Café & Pub
10:00 T.V. Church <b>8</b> 10:30 Cards & Games <b>2:00 Daisy &amp; Anna</b> <b>3:00 Grandparents Day Tea with Homemade Cookies @ the S.L. Café &amp; Pub</b> <small>Grandparents' Day</small>	9:00 Tea & Talk <b>9</b> <b>10:00 Facial SPA Morning (Quiet Room)</b> <b>10:00 Lady's Music</b> <b>11:15 Tone Chime Group</b> 2:00 Bingo (LR) <b>3:00 Men's Music Group</b> 3:30 Campbell Family	10:00 Fun and Fitness <b>10</b> 11:15 New Comer's Group <b>2:00 Kountry Korners (LR)</b>  2:00 Friendly Visits 3:00 S.L. Café & Pub	10:00 Baking Fun <b>11</b> <b>10:30 RC Communion</b> <b>11:15 LCC Communion</b> <b>2:00 Memorial Service</b> 	<b>9:40 Shopping Trip</b> <b>12</b> <b>11:00 Church Service</b> 1:30 Adv.Exercise.CH 2:00 Bingo (LR) <b>3:00 Music with Udo and Stephanie</b> 3:00 S.L. Café & Pub <b>6:15 Movie Night Fun</b>	10:30 Meditation Group <b>13</b> 11:15 News and Events -Cafe 2:00 Outdoor Strolls 2:00 Traveling Ice Cream  Sunday Cart 3:00 S.L. Café & Pub	<b>10:30</b> <b>14</b> <b>Old Tyme Sing along with Karen (LR)</b> 2:00 Bingo(LR) 3:00 S.L. Café & Pub
10:00 T.V. Church <b>15</b> 10:30 Outdoor Strolls and Friendly Visits 2:00 Adult Colouring (ALC) 3:00 S.L. Café & Pub 	9:30 Gardening Fun <b>16</b> <b>10:15 Manicure Mondays</b> <b>2:00 Sun.Mon Birthday Party with Caroline &amp; Tom</b> 3:00 S.L. Café & Pub 3:30 Visits with the Campbell Family (LR)	10:30 Fun and Fitness <b>17</b> 11:15 New Comer's Group <b>2:00 Camp Fire on the Labyrinth</b>  3:00 S.L. Café & Pub 6:30 Courtyard Social fun	10:30 Scrapbooking <b>18</b> <b>10:30 Band Practice</b> <b>11:45 Movement &amp; Music</b> <b>12:30 Hot Dog BBQ</b> <b>2:00 Music with Dan the Country Man</b> 3:00 S.L. Café & Pub	10:30 Art Class (ALC) <b>19</b> <b>11:00 Church Service</b> 11:15 News and Events 1:30 Adv.Exercise.CH 2:00 Outdoor Strolls <b>2:30 Music with Stephanie</b> 3:00 S.L. Café & Pub	10:00 Baking <b>20</b> Mini cinnamon rolls 11:15 News and Events -Café 2:00 p.m. "Take me to the Fall Fair"Travelogue and Discussion" 3:00 S.L. Café & Pub	10:30 <b>21</b> Guess that Tune Game 2:00 Bingo(LR) 3:00 S.L. Café & Pub <small>Oktoberfest Begins</small>
10:00 T.V. Church <b>22</b> 10:00 Cards and Board games 2:00 Karaoke Fun (LR)  3:00 S.L. Café & Pub	9:30 Tea & Talk <b>23</b> <b>10:15 Manicure Mondays</b> <b>10:00 Lady's Music</b> <b>11:15 Tone Chime Group</b> 2:00 Bingo (LR) 3:00 S.L. Café & Pub <b>3:00 Men's Music Group</b> 3:30 Campbell Family <small>Autumn Begins</small>	 <b>10:00 Music with Karen Rempel (LR)</b> 11:15 New Comer's Group 2:00 Bowling Fun (LR)  3:00 S.L. Café & Pub	9:15 i-Pad Time <b>25</b> <b>11:00 Anna Mae's</b> <b>10:30 Band Practice</b> <b>11:45 Movement &amp; Music</b> <b>2:00 Residents Council</b> 2:00 Hair Styling Fun(ALC) 3:00 S.L. Café & Pub <b>6:15 Movie Night Fun</b>  	10:30 Art Class (ALC) <b>26</b> <b>11:00 Church Service</b> 1:30 Adv.Exercise.CH 2:00 Bingo (LR) 2:00 Outdoor Strolls 3:00 S.L. Café & Pub <b>7:00 The Just for Fun Band</b>	<b>10-3</b> <b>27</b> <b>Gerri Fashions (LR)</b> 10:30 Meditation Group 11:15 News and Events 2:00 Apple Tasting Game   3:00 S.L. Café & Pub	10:00 <b>28</b> Name Game 2:00 Bingo(LR) 3:00 S.L. Café & Pub
10:00 T.V. Church <b>29</b> 10:00 Outdoor Strolls <b>1:40 Tim Horton's Outing</b> 3:00 S.L. Café & Pub	9:30 Tea & Talk <b>30</b> <b>10:15 Manicure Mondays</b> <b>10:00 Lady's Music</b> <b>11:15 Tone Chime Group</b> 2:00 Penny Auction (LR) 3:00 S.L. Café & Pub <b>3:00 Men's Music Group</b> 3:30 Campbell Family <small>Rosh Hashanah (first Day)</small>	 	  <h1 style="margin: 0;">September 2019</h1> <h2 style="margin: 0;">Spruce Lodge</h2>			