

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2019

Woodland Towers and Hamlet Estates Activities

10:00am TV Church Service **SL**
 7PM- Hymn Sing with Bethel Church **SL**
Get your tickets for the Woodland Towers Christmas Open House
****This week only!****
\$6 a piece
Daylight Saving Time Ends


10:00am TV Church Service **SL**
 7PM- Hymn Sing with Jubilee Church **SL**



10:00am TV Church Service **SL**
3PM - Gospel Hymn Sing RR



Woodland Towers Resident and Family Christmas Open House with music by Michael Kelly!
2PM - 4PM in the Griffith Auditorium



8:45am - Coffee Hour **Bistro**
10:15am-Gentle Group Ex. GA
 1PM - Hand waxing **ML**
 1:30 WT Singers **AR**
 1:30 -Combined Fitness **GA**
 3 PM Crokinole **RR**
 6:30PM - Cribbage **RR**
 6:30PM - Bid Euchre/ Pepper

8:45am - Coffee Hour **Bistro**
10:45 Remembrance Day Service SL
 1PM - Hand waxing **ML**
 1:30 WT Singers **AR**
 1:30 -Combined Fitness **GA**
 3 PM Crokinole **RR**
 6:30PM - Cribbage **RR**
 6:30PM - Bid Euchre/ Pepper **DR**



Veterans Day (US)
Remembrance Day (Canada)

8:45am - Coffee Hour **Bistro**
10:15am-Gentle Group Ex. GA
 1PM - Hand waxing **ML**
 1:30 WT Singers **AR**
 1:30 -Combined Fitness **GA**
 2PM - Dan the Country Man **SL**
 3 PM Crokinole **RR**
 6:30PM - Cribbage **RR**
 6:30PM - Bid Euchre/ Pepper **DR**

****No Coffee Hour****
10:15am-Gentle Group Ex. GA
 1PM - Hand waxing **ML**
 1:30 WT Singers **AR**
 1:30 -Combined Fitness **GA**
 3 PM Crokinole **RR**
 6:30PM - Cribbage **RR**
 6:30PM - Bid Euchre/ Pepper **DR**
 Kim Away

8:45am - Coffee Hour **Bistro**
 10AM -11:30AM: 50/50 tickets **ML**
10:30am-Stay Fit- AR
 1:00pm Adult Colouring **Bistro**
 1:30 Balance Class-**AR**
 3 PM Social Hour **Bistro**
 6:30pm - Uno **DR**
 7PM - Viola's Tribute Band **SL**

8:45am - Coffee Hour **Bistro**
 10AM - 11AM: 50/50 tickets **ML**
10:30am-Stay Fit- GA
 1:00pm Adult Colouring **Bistro**
 1:30 Balance Class-**GA**
 2PM - Kountry Korner **SL**
 3 PM Social Hour **Bistro**
 6:30pm - Uno **DR**

8:45am - Coffee Hour **Bistro**
 10AM - 11AM: 50/50 tickets **ML**
10:30am-Stay Fit- GA
 1:00pm Adult Colouring **Bistro**
 1:30 Balance Class-**GA**
 3 PM Social Hour **Bistro**
 6:30pm - Uno **DR**

8:45am - Coffee Hour **Bistro**
 10AM - 11AM: 50/50 tickets **ML**
10:40am - 2PM : Christmas Shopping at the Stratford Mall ML
 1:00pm Adult Colouring **Bistro**
 1:30 Balance Class-**GA**
 3 PM Social Hour **Bistro**
 6:30pm - Uno **DR**

8:45am - Coffee Hour **Bistro**
 10am - Credit Union Bank **QR**
10:15am-Gentle Group Ex. GA
11am BP Clinic Janine's Office
 1PM - Hand waxing **ML**
3PM - Water Treatment Plant Meeting GA
1:30PM - MONTHLY SIGN-UP'S DR
 1:30 - Men's Strength **AR**
 6:30pm Euchre- **DR**

8:45am - Coffee Hour **Bistro**
10:15am-Gentle Group Ex. GA
10:30 am - RC Mass SL
 1PM - Hand waxing **ML**
 1:15am - Scotia Bank **QR**
 1:30 - Men's Strength **AR**
2:30PM - Falls Prevention BINGO DR
 6:30pm Euchre- **DR**
 6:30PM - Art Night **AR**

8:45am - Coffee Hour **Bistro**
Mini Market 9am-12:30pm in the Griffith Auditorium Entrance
 10am - Credit Union Bank **QR**
10:15am-Gentle Group Ex. GA
 1PM - Hand waxing **ML**
 1:30 - Men's Strength **AR**
 6:30pm Euchre- **DR**

8:45am - Coffee Hour **Bistro**
10:15am-Gentle Group Ex. GA
 1:15am - Scotia Bank **QR**
 1:30 - Men's Strength **AR**
2PM - November Birthday Party with Conn Smythe GA
 6:30pm Euchre- **DR**
 6:30PM - Art Night **AR**

****No Coffee Hour****
 10:00am- Bible Study **AR**
 10AM - 11:30AM:50/50 tickets **ML**
 10:15am -Combined Fitness **GA**
 11am - Zion Lutheran Svc. **SL**
 1:30pm- Balance Fitness Class **GA**
 7PM - Bingo **DR**
 Janine and Kim away

8:45am Coffee Hour **Bistro**
 10:00am- Bible Study **AR**
 10AM - 11AM: 50/50 tickets **ML**
 11am St. Andrew's Presbyterian **SL**
 10:15am -Combined Fitness **GA**
 1:30pm- Balance Fitness Class **AR**
2PM - Financial Literacy: Identity Theft with Tanya from YNCU GA
 7PM - Bingo **DR**

8:45am Coffee Hour **Bistro**
 10:00am- Bible Study **AR**
 10AM - 11AM: 50/50 tickets **ML**
 10:15am -Combined Fitness **GA**
 11am - St. Paul's Anglican **SL**
 1:30pm- Balance Fitness Class **GA**
 2:30PM - Music with Steph **SL**
 7PM - Bingo **DR**

8:45am Coffee Hour **Bistro**
 10:00am- Bible Study **AR**
10AM to 2PM - SA Modern Jewellery Griffith Auditorium Entrance
 10:15am -Combined Fitness **GA**
 1:30pm- Balance Fitness Class **GA**
 7PM - Bingo **DR**
 7PM The Just for Fun Band **SL**
Thanksgiving Day (US)

8:45am - Coffee Hour with Katie **Bistro**
10am - 4pm Community Flu Shot Clinic GA
10am - Puzzle Pieces RR
 10:30am-Stay Fit **AR**
 1:30 Paper shredding with Emily **ML**
 2PM - Friends with Music Band **SL**
2PM - Friday Tunes: Jam Session GA
3PM - Social Hour GA

8:45am Coffee Hour **Bistro**
10:30am-Stay Fit GA
2PM - Friday Tunes: Jam Session GA
 2PM- Travelling Treat Cart (Apple Cider) with Katie
 2:30 Hamlet Tea **RT**
 3 PM Social Hour **GA**
6PM Movie Night with Katie GA
 Janine Away

8:45 am-Breakfast Café DR
10:30am-Stay Fit GA
 1:30 Paper shredding with Emily **ML**
 2PM - Friends with Music Band **SL**
2PM - Friday Tunes: Jam Session GA
 3 PM Social Hour **GA**
6PM -Manicures with Katie AR



8:45am Coffee Hour with Katie **Bistro**
10:00am Baking with Katie AR
10:30am-Stay Fit GA
 1:30 Paper shredding with Emily **ML**
 2PM - Friends with Music Band **SL**
2PM - Friday Tunes: Jam Session GA
 3 PM Social Hour **GA**
 Kim Away

3:00 Café and Pub **SL**
 6:30pm Euchre-**DR**



****Before you go to bed****

Spruce Holiday Market and Gift Show!
9AM - 2PM in the Griffith Auditorium AND The Spruce Lodge Living Room
Please join us!
 6:30pm Euchre-**DR**



10:30am - Olde Tyme Sing Along with Karen **SL**
 3:00 Café and Pub **SL**
 6:30pm Euchre-**DR**
****We are looking for residents to help "Fluff" the Christmas Trees this weekend****



3:00 Café and Pub **SL**
 6:30pm Euchre-**DR**



~DECKING THE HALLS WEEK! ALL ARE WELCOME TO HELP DECORATE THE CHRISTMAS TREES!~

Your Activity Coordinator is Kim Luckhardt. 519-271-4090 x 2230 or WTActivities@sprucelodge.on.ca

Spruce Lodge Entertainment

Spruce Lodge Living Room

Friday, 3rd = Hymn Sing with Gladys and Karen 2PM

Tuesday, 5th = Viola's Tribute Band 7PM

Tuesday, 12th = Kountry Korner's 2PM

Friday, 15th = The Nic Scott Band 2PM

Saturday, 16th = Olde Time Sing Along 2PM

Monday, 18th = Sun. Mon. : Dan the Country Man 2PM

Thursday, 21st = Music with Stephanie 2:30PM

Thursday, 28th = The Just for Fun Band 7PM

Store Hours:

Mondays

9:30am-11am

Wednesdays

1:30pm – 3pm

(Not open on November 27th)

Fridays

9:30am -11am

Credit Union-QR

Wednesday, November 6th
and 20th at 10AM in
Conference Room #1

Scotia Bank-QR

Wednesday, November 13th
and 27th from 1:15pm to
2:15pm in Conference
Room #1

Blood Pressure Clinic

Thursday, October 6th
at 11AM in Janine's
Office

Program Area Codes:

AR - Activity Room

B - Bistro

SL - Spruce Lodge

GA - Griffith

Auditorium

RT - Rotunda –Hamlet
Estates

DR - Dining Room

FL - Front Lobby

RR - Rose Room

QR – Quilting Room

ML – Main Lobby

Monthly Sign-up`s!

Our Monthly Sign-up session will take place on **Wednesday, November 6th** at **2PM** in the **Dining Room**. Come on out, and sign-up for the following programs: Breakfast Café and Christmas Shopping! Sign-up directly, pay in advance, and reserve your seat!

These sign-ups are for Woodland Towers and Hamlet Estates Residents. First Come – First Serve.

Christmas Open House 2019

The Christmas Open House for Woodland Towers Residents and Family will be held on **Sunday, November 24th**, from **2pm – 4pm** in the **Griffith Auditorium**. This is always an enjoyable afternoon, with a special dessert, coffee/tea, Raffles and Door Prizes. The entertainment this year is by **Michael Kelly** who is well known for his Irish tunes (this year he will be providing us with a special Christmas Concert)! Tickets are **\$6** apiece, and you can purchase your tickets in the front lobby, **Mon – Fri. from November 4th to 8th** from **10am -11:30am**. Tickets are also available at the sign-up session on Wednesday, November 6th at 1:30pm in the Dining Room ☺.

Water Treatment Plant Meeting

Join Peter Bolland, and The Board, as we hear information from the City of Stratford regarding the **Water Treatment Plant Project**.

Join us in the Griffith Auditorium at 3PM on Wednesday, November 6th if you wish to be a part in this meeting.
All Welcome.

Holiday Market and Gift Show

Don't miss out on this great shopping experience! On **Saturday, November 9th** from **9am to 2pm**, the Woodland Towers Griffith Auditorium and Spruce Lodge Living Room will be full of vendors selling a variety of direct sales products.

You can find anything from stocking stuffers to kitchen supplies and a bake sale! Invite your family and friends to participate in this great event!

Remembrance Day Service

The Remembrance Day Service will be held in the Spruce Lodge Living Room at **10:45am on Monday, November 11th**. Lily, our Spiritual Care Coordinator, will officiate.



Falls Prevention Bingo

Join Lindsay and Kim as we celebrate Falls Prevention Month with some fun **Falls Prevention Bingo** in the Dining Room on **Wednesday, November 13th** at **2:30PM**. No entrance fee and prizes to be won!

Financial Literacy: Identity Theft

Join in our presentation at **2PM** on **Thursday, November 14th**, in the **Griffith Auditorium**. Tanya from the Neighbourhood Credit Union will be covering the topic of **"Identity Theft"**, as our first session in our Financial Literacy Series. Learn how to protect yourself from this crime, as the holidays are upon us, and unfortunately, we are more at risk during these occasions. Come and meet Tanya and take part in this session. Refreshments will be served.

Gospel Hymn Sing with Kelly and Friends

Join Kelly and her friends in the Rose Room for a **Gospel Hymn Sing** on **Sunday, November 17th** at **3PM**. All are welcome!

Breakfast Café

Our **Breakfast Café** for this month will be held on **Friday, November 22nd** at **8:45am** in the Woodland Towers Dining Room. We will be having a McDonald's Theme Breakfast with Sausage, Egg and Cheese on an English Muffin, hash brown, yogurt parfait, coffee and tea. Come to the sign-up session on Wednesday, November 6th to claim your seat at Breakfast! You can also pay for your meal at the sign-up session ☺. The Cost is \$6.

The November Birthday Party is on Wednesday, November 27th at 2pm in the Griffith Auditorium. Come and join us for cake and ice cream, coffee and tea, and Special Music with Conn Smythe!

Mary's Mini Market and Diana's Bakery will be here on Wednesday, November 20th from 9am to 12:30pm at the entrance to the Griffith Auditorium