Sunday	Monday	Tuesday	Wednesday	Thursday	
Decemb Woodland Tow		9:30am Balance Class ALC 10AM A La Cart with Karen (one-to-one) 11:45AM Dinner Time Tunes with Karen Front Hall 2:30PM Bingo! SR 4:30PM Pub Night! DR Bar Cart available! Bring \$	10AM Bell Choir with Tim SR	3 9:30am Balance Class ALC 10AM A La Cart with Karen (one-to-one) 11:45AM Dinner Time Tunes with Karen Front Hall 2:45PM Bingo! SR	9:30am S 1:30PM 3PM Hap
6	7 9:30am Strength Class ALC <u>The Salvation Army Food</u> <u>Drive Begins!</u> <u>Christmas Bingo Begins!</u> <u>2PM Making Gingerbread</u> <u>Houses SR</u>	9:30am Balance Class ALC 10AM A La Cart with Karen (one-to-one) 11:45AM Dinner Time Tunes with Karen Front Hall 2:30PM Bingo! SR	9 8:45am Morning Coffee Club with Kim in the SR 9:30am Combined Exercise Class ALC 1:30PM Christmas Ornament Making SR	10AM A La Cart with Karen (one-to-one) 11:45AM Dinner Time Tunes with Karen Front Hall	9:30am S 1:30PM <u>Cart: Ti</u> <u>and Ti</u> <u>Floor!</u> 3PM Hap
13	14 9:30am Strength Class ALC 2PM <u>Christmas</u> Bring and Brag SR	15 9:30am Balance Class ALC 10AM A La Cart with Karen (one-to-one) 11:45AM Dinner Time Tunes with Karen Front Hall 2:30PM Bingo! SR	Store open this morning 16 8:45am Morning Coffee Club with Kim in the SR 9:30am Combined Exercise Class ALC 2PM <u>The Jingle Bell Rock</u> <u>Christmas Dessert Social</u> <u>#1 DR</u>	9:30am Balance Class ALC 10AM A La Cart with Karen (one-to-one)	9:30am S <u>1:30PM (</u> <u>Crunc</u> 3PM Hap
20	9:30am Strength Class ALC 2PM <u>Mistletoe Manicures</u> <u>SR</u> Winter Begins	22 9:30am Balance Class ALC 10AM A La Cart with Karen (one-to-one) 11:45AM Dinner Time Tunes with Karen Front Hall 2:30PM Bingo! SR	8:45am Morning Coffee Club with Kim in the SR9:30am Combined Exercise	24 9:30am Balance Class ALC 10AM A La Cart with Karen (one-to-one) 11:45AM Dinner Time Tunes with Karen Front Hall 2PM Be Merry and Bright Social SR and ALC Christmas Sweater Day!	
27	28	29 10AM Tea and Talk with Karen SR 11:45AM Dinner Time Tunes with Karen Front Hall 2:30PM Bingo! SR	<u>The Corner Store is Open</u> <u>1:30PM – 3PM</u> <u>this afternoon</u>	31 Happy Hewey Hewey New Year's Eve	

Home # 519-271-4090 ~ Your Program Coordinators: Kim x 2230 Karen x 2257 Jamie x 2282





Room Location Legend



Code	Location
SR	"The Spruce Room" – Basement of Tower #1. (Formerly known as The Wellness Room)
ALC	"The Active Living Centre" – Basement of Tower #1 (Formerly known as The Activity Room)
GA	The Griffith Auditorium
	(main level: Currently behind the curtain: Please meet in main lobby 10 mins before program begins if going to this location.)
0	If weather permits, these programs will be held Outside the Front Door
FH	Programs with this code will be located in the Front Hall (The Hallway that connects Tower #3 to the Main lobby)
ML	The Main Lobby of Woodland Towers

Pub Night!

On Monday, December 1st, at 4:30PM, you are welcome to come to the dining room for a special pub night supper featuring: Honey Garlic Chicken Wings, Carrots, Celery, Ranch, Onion Rings and an Ice Cream Bar for dessert!. Kim will be sticking around to serve beverages at the supper, so bring some change if you'd



like a beer, liquor, or pop!



Salvation Army Food Drive

Starting on Monday, December 7th, we will kick off our annual Salvation Army Food Drive! The box for the Food Drive will be located in the Main Lobby of Woodland Towers. Non-perishable food items are greatly appreciated to help support our local community for those who are in need this Christmas. Thank-you for your amazing support every year. Last year we raised closed to 200 pounds in donations! Let's see if we can top that this year. You can purchase your Food



Bank items at our very own Corner Store (see the hours in the upper right hand corner of this page!)

The Mitten Tree

Each year we collect Mittens, Hats, Scarf's, and socks for the Salvation Army. The items are collected on our Mitten Tree, boxed up, and delivered to the Salvation Army to help keep local families who are in need, warm this winter. Items can be hand made or newly purchased. The Mitten Tree is located near the entrance to the Corner Store, in the Tower #2 Elevator Lobby. All donations are greatly appreciated! Last year we nearly filled 4 Christmas Tree's full of items!

Let's see if we can bring in even more this year!







We will be having our friendly decorating competition with other floors in our home. Speak with your floor mates and work together (remember to Social Distance and wear your mask!) to make your floor the most festive! Judging will be done on Wednesday, December 23rd at 1PM. The winners will be announced on Thursday, December 24th at Lunchtime in the Dining Room! The **best decorated floor in each** Tower will win a special pizza supper in the new year. We are still working out the logistics for the Pizza celebration, and we will be sending out invitations to the decorating champs (in the new year) once we have a better idea of where we will be with this pandemic. Have fun decorating! We can't wait to see what you have come up with this year. Remember to work safely as a team.

To begin on Monday, December 7th and to continue until Thursday, December 24th. Residents who wish to participate will be given a Bingo Card with fun challenges in each box. Once the Christmas Challenge has been completed (with proof), the resident can X the box. Prizes will go to those who complete their card! Challenges include "Phone someone who you haven't spoken to in a long time" etc. This game will be BINGO and a Scavenger Hunt all in one! Sign-up in the Sign-up's book located in the main lobby if you'd like to participate in this fun challenge!

To honour the essential workers who have been working through this pandemic, we would like to make some special Christmas Ornaments and cards for the staff who support our resident's here at Woodland Towers. PSW's, Kitchen Staff, Housekeeping, Maintenance, Activity Staff, The Business Office, Management and Screeners have been working through this entire pandemic to ensure that we are all taken care of. Let's honour them by giving them a little Christmas Cheer this year. Sign-up if you'd like to participate in making ornaments and writing cards. Wednesday, December 9th at 1:30PM in the Spruce Room.



Doors On Your Floors!

Christmas BINGO!

Christmas Ornament Making