December 2022

Spruce Lodge Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 News & Events 10:30 Plant Care 11:00 Church Service CH 2:00 Bingo	**2** 10:30 Christmas Carol Bingo 2:00 Trivia Fun 2:00 Friendly Strolls	**3** 10:30 Fun & Fitness 2:00 Bingo
4 10:30 Word Games 2:00 Hymn Sing	**5** 10:30 *DROM* Drumming Group 2:00 Sing-along with Karen Alcove 7:00 Two galls and a Guitar	**6** 10:00 Music therapy 10:30 Bingo 2:00 Friendly Visits 3:30 Meditation Group **6:15 Tea Party and Christmas Treats**	**7** 10:30 Christmas Scrapbooking Class 10:30 Advance Exercise Class **2:00 Performance with Elvis Presley** 6:15 Art Class	**8** **10:20 – 2:20 Mall Shopping** 10:30 Plant Care 11:00 Church Service CH 2:00 Bingo	**9** 10:30 Christmas Carol Bingo 10:30 Friendly Strolls 2:00 Christmas Card Making	**10** 10:30 Fun & Fitness 2:00 Bingo
11 10:30 Word Games 2:00 Hymn Sing	**12** 10:30 *DROM* Drumming Group 2:00 Sing-along with Karen 2:00 Pet Care	**13** 10:00 Music therapy Group 10:30 Fun & Fitness 2:00 Bingo 3:30 Meditation Group 6:15 Christmas Movie Night	**14** 10:30 Christmas Craft Fun 10:30 RC Mass 11:15 Church Service CH **1:20 – 3:40 Mall Shopping** **2:00 Traveling Christmas treat cart** 6:15 Art Class	**15** 10:30 News & Events 10:30 Plant Care 2:00 Bingo 3:30 Friendly Strolls	**16** 10:30 Christmas Carol Bingo 10:30 Friendly Strolls 2:00 Christmas Spelling Bee PM Christmas Movie and Popcorn	**17** 10:30 Word Games 2:00 Bingo
18 10:30 Friendly Visits 12:30 Art Class sign up lunch 2:00 Christmas Craft 6:30 Hymn Sing Hanukkah Begins	**19** 10:30 *DROM* Drumming Group **2:00 Music with Tom & Caroline** 2:00 Friendly Strolls **6:15 Tea Party and Christmas Treats** 	**20** 10:00 Music therapy *10:00 Christmas Caroling with the Christian school kids. Outside* 2:00 Bingo 6:15 Christmas Movie Night	**21** 10:30 Scrapbooking 10:30 Advance Exercise **2:00 Christmas party with Henry Winter** **6:00-7:20 Christmas Light Bus Tour** Winter Begins	**22** **10:30 Resident Christmas Sing along & Stories** 2:00 Bingo 2:00 Plant Care 3:30 Friendly Visits	**23** 10:30 Christmas Trivia Fun 10:30 Friendly Strolls **2:00 Tim Horton's Drive thru and Music with Mike Ryan**	**24** 10:30 Fun & Fitness **2:00 Christmas Eve Bingo**
25 Christmas	**26** **Boxing Day stat** Boxing Day (Canada) Kwanzaa Begins	**27** 10:00 Music therapy Group 10:30 Fun & Fitness 2:00 Bingo	**28** 10:30 New Year's Eve Craft 10:30 Advance Exercise Class **2:00 Traveling treat cart**	**29** 10:30 Fun & Fitness 2:00 Bingo	**30** 10:30 Trivia Fun 10:30 Friendly Strolls **2:00 New Year's Party with Conn Smyth** 	**31** 10:30New Years Eve **2:00 New Year's Eve Bingo** New Year's Eve

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