





April 2023




Spruce Lodge Nursing Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>To contact the Activities Department call 519-271-4090 ext. 2227 or email activity@sprucelodge.on.ca</p>						<p>Aprils Fool's Day 1 2:00 Bingo</p> 
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 <p>2</p>	<p>10:30 DROM Drumming 3 Group 2:00 Sing-a-Long 2:00 Manicure Monday</p>	<p>10:30 Fun & Fitness 4 2:00 Bingo 2:00 Cottage Cart Program 3:00 S.L Cafe & Pub 6:15 Meditation Group</p>	<p>Easter Glamour Shots 5 10:00 Plant Care 10:30 Pet Care 10:30 Advance Exercise 2:00 Easter Egg Hunt Party 6:15 Movie Night</p>	<p>Easter Glamour Shots 6 10:30 Easter Craft 11:00 Church Service 2:00 Bingo 2:00 Cottage Music 3:00 Easter Tea Cafe</p>	<p>7</p> 	<p>10:30 Fun & Fitness 8 2:00 Easter Bingo</p> 
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<p>2:00 Hymn Sing 9 3:15 Traveling Easter Treat Cart</p> 	<p>10:30 DROM Drumming 10 Group 2:00 Sing-a-Long 2:00 Manicure Monday</p>	<p>Blue Jay's Home Opener Baseball Dress-Up Day 11 10:30 Bingo 2:00 Leavin' Tracks Band 3:00 S.L Cafe & Pub 6:15 Men's Group</p> 	<p>10:00 Plant Care 12 10:30 RC Mass 11:15 Church Service 2:00 Baseball Game 6:30 Hymn Sing with Stephanie</p>	<p>10:30 Scrapbooking 13 1:40 St. Mary's Outing 2:00 Bingo 2:00 Cottage Music 3:00 S.L Cafe & Pub</p>	<p>10:30 Fun & Fitness 14 2:00 Word Games</p>	<p>10:30 Travelogue 15 2:00 Bingo</p> 
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Fun & Fitness 16 2:00 Hymn Sing	10:30 DROM 17 2:00 Sing-a-Long 2:00 Manicure Monday 3:00 Food Service Week Kitchen Tours	10:30 Fun & Fitness 18 2:00 Bingo 2:00 Cottage Cart Program 3:00 S.L Cafe & Pub 6:15 Women's Group	10:00 Plant Care 19 10:00 Resident Council 11:00 Advance Exercise 2:00 Karaoke Fun 2:00 Cupcake Decorating 6:15 Cards & Games	9:40 Mall Outing 20 10:30 Scrapbooking 11:00 Church Service 2:00 Bingo 2:00 Cottage Music 3:00 S.L Cafe & Pub	10:30 Earth Day Craft 21 12:30 Women's Sign- Up Meal 2:00 Music with Conn Smyth	 22
 23	10:30 DROM 24 Drumming Group 12:30 Men's Sign-Up Meal 2:00 Sing-a-Long 2:00 Manicure Monday	10:30 Fun & Fitness 25 1:40 Country Drive 2:00 Bingo 3:00 S.L Cafe & Pub 6:15 Meditation Group	10:00 Plant Care 26 10:30 Pet Care 10:30 Advance Exercise 2:00 Music with Jack and Bob 6:30 Hymn Sing with Stephanie	10:30 Scrapbooking 27 11:00 Church Service 2:00 Bingo 2:00 Cottage Music 3:00 S.L Cafe & Pub	10:30 Fun & Fitness 28 2:00 Tim Horton's Drive Thru	10:30 Trivia Fun 29 2:00 Bingo 
10:30 Fun & Fitness 30 2:00 Crafts 6:30 Hymn Sing				<p>To contact the Activities Department call 519-271-4090 ext. 2227 or email activity@sprucelodge.on.ca</p>		