

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

February 2024

Woodland Towers Activities

					1 10:00 Stay Fit Exercise GA 10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 1:30 - 3 Creative Corner SR 2:00 WT Bowling Lanes and Coffee GA	2 9:30 Pump it Up: Strength GA 1:30 Line Dancing Class GA 3:00 Karaoke ML	3 10:30 DROM FIT GA 2:00 Bingo!!!! RR 6:30 Euchre RR		
4 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Scattergories Bistro	5 9:30 Pump it Up: Balance GA 2:00 Brain Teasers ML 3:15 Card Game: 7-UpBistro 6:30 Euchre (All Welcome!)RR	6 10:00 Pump it Up: Combined (Self-Led) WR 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML\$ 1:30 DROM FIT GA 2:30 Travelogue: Scotland Griffith Auditorium 7:00 Bingo DR\$	7 10:00 Stay Fit Exercise GA 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 1:30 Worship Service with Rev. Jeff Laustsen GA 3:00 Ladies Tea RR	8 9:00-12:00 Dianna and Ruth's Mini Market ML\$ 9:30 Pump it Up: Strength GA 10:30 DROM FIT GA 11:20-1:20 Outing to the Army and Navy \$Independent +Sign Up 1:30 Line Dancing Class GA 3:00 Social Hour RR\$	9 6:30 Euchre RR Chinese New Year (Year of the Dragon)	10 10:00 Pump it Up: Combined (Self-Led) WR 10:00 Aquatic Balance and Falls Prevention Pool 12:45 Hand Waxing ML\$ 1:15 DROM FIT GA 2:00 "Feel the Love!" Valentines Social with Tom Melady DR 7:00 Bingo DR\$ Valentine's Day	11 10:00-2:00 Katie's Jewellery ML 10:00 Stay Fit Exercise GA 10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 1:30 - 3 Creative Corner SR	12 10:30 DROM FIT GA 9:30 Pump it Up: Strength (self Led)WR 2:00 Artists Corner Painting on Canvas SR\$ See sign up for more details	13 9:00 Coffee Hour Bistro \$ 10:15 Pump it Up: Combined GA 2:00 Open Mic and Social Hour DR 6:30 Euchre RR
11 2:00 The R and R Valentine Music Show with Ruth and Ray and Friends DR Super Bowl Sunday! Super Bowl LVIII 6:30pm Join us in the Main Game Lobby to watch the game together!	12 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Afternoon Café RR	13 9:30 Pump it Up: Balance GA 2:00 Valentines Theme Bring and Brag RR 3:15 Card Game: Spoons Bistro 6:30 Toonie Tuesday Pub Night with Bill Craig \$GA Mardi Gras	14 10:00 Pump it Up: Combined (Self Led) WR 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML\$ 1:30 DROM FIT GA 2:30 The "Not So Newlywed Game" GA 7:00 Bingo DR\$	15 8:30 Breakfast \$ Sign Up 10:00 Stay Fit Exercise GA 10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 1:30 - 3 Creative Corner SR 2:00 Movie Matinee and Popcorn: "Lost Valentine" Griffith	16 9:30 Pump it Up: Strength GA 1:30 Line Dancing Class GA 3:00 Karaoke ML	17 10:30 DROM FIT GA 12:15 Lunch Bunch Chinese Food GA \$			
18  Family Day	19 9:30 Pump it Up: Balance GA 1:00 Woodland Towers General Residents meeting GA 2:00 Chair Hockey Game GA 3:15 Coffee and Hot Chocolate GA 6:30 Euchre RR	20 10:00 Pump it Up: Combined (Self Led) WR 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML\$ 1:30 DROM FIT GA 2:30 The "Not So Newlywed Game" GA 7:00 Bingo DR\$	21 Happy Leap Year!! 10:00 Stay Fit Exercise GA 10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 1:30 - 3 Creative Corner SR 2:00 "Leap Day" Sock Hop Hits and Rootbeer Floats DR	22 LEGEND: RR- Rose Room WR- Wellness Room SR- Spruce Room DR- Dining Room GR- Green Room LIB- Library GA- Griffith Aud. SL - Spruce Lodge	23 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:15 Speaker Series: Getting the Most out of your Aquatic Session with Pool Coordinator Tamara (Refreshments and Presentation!) GA	24 9:30 Pump it Up: Balance GA 2:00 February Birthday Party DR 6:30 Euchre (All Welcome!)RR	25 10:00 Pump it Up: Combined (Self Led) WR 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML\$ 1:30 DROM FIT GA 2:00 Brainteasers ML 7:00 Bingo DR\$	26 10:00 Stay Fit Exercise GA 10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 1:30 - 3 Creative Corner SR 2:00 "Leap Day" Sock Hop Hits and Rootbeer Floats DR	27 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:15 Speaker Series: Getting the Most out of your Aquatic Session with Pool Coordinator Tamara (Refreshments and Presentation!) GA
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Home #: 519-271-4090 Kim: x2230 Karen: x 2257 Music Therapy: Christa x 2209 Pool: Tamara x 2282

