



# April 2024

## Spruce Lodge Nursing Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 News&Events <b>1</b> 2:00 Sing-a-Long with Karen 2:00 Manicure Cart 	10:00 Dr. Hook Presentation <b>2</b> 🌟 2:00 Bingo 3:00 Café Social	9:40 Country Drive <b>3</b> 10:30 Advance Exercise 2:30 Baseball Game 3:00 Café Social 6:30 Travelogue 	<b>National Caregiver Day</b> <b>4</b> 10:00 Crafty Corner Fun 11:00 Church Service 2:00 Bingo 3:00 Caregiver Café	10:30 Word Games <b>5</b> 11:30 Drum Circle 2:00 Baking Fun 3:00 Café Social 3:30 Tone Chime's	10:30 Fun & Fitness <b>6</b> 2:00 Bingo 3:00 Café Social 
11:00 Hymn Sing <b>7</b> 2:00 Solar Eclipse Craft 3:00 Cafe Social 	<b>Blue Jays Dress-Up</b> <b>8</b> 10:30 DROM 2:00 Solar Eclipse Social 2:30 Sing-a-Long 6:30 2 Gals and A Guitar 	10:30 Fun&Fitness <b>9</b> 11:00 Men's Music 2:00 Bingo 3:00 Café Social	9:30 Indoor Gardening <b>10</b> 10:30 RC Mass 11:15 Church Service 2:00 Music with Bob Lauze 3:00 Café Social 	10:00 Pet Care <b>11</b> 10:30 News and Events 2:00 Bingo 3:00 Café Social 6:30 Video Dance Party	10:00 Scrapbooking <b>12</b> 11:30 Drum Circle 2:00 Cheese Tasting Fun 3:00 Café Social 3:30 Tone Chime's 	10:30 Crafty Corner Fun <b>13</b> 2:00 Bingo 3:00 Café Social 
10:30 Trivia Fun <b>14</b> 2:00 Movie 3:00 Cafe Social 	10:30 News&Events <b>15</b> 10:30 DROM 2:00 Sing-a-Long with Karen	10:30 Fun&Fitness <b>16</b> 🌟 11:00 Men's Music 2:00 Bingo 3:00 Café Social	9:40 Country Drive <b>17</b> 10:00 Resident Council 2:00 Music with Jack and Bob 3:00 Café Social 6:30 Trivia Night 	10:00 Pet Care <b>18</b> 11:00 Church Service 2:00 Bingo 3:00 Café Social 6:15 Friendship Circle	10:30 Word Games <b>19</b> 11:30 Drum Circle 2:00 Baking For Sparkles 3:00 Café Social 3:30 Tone Chime's	10:30 Fun & Fitness <b>20</b> 2:00 Bingo 3:00 Café Social 
10:00 TV Church Service <b>21</b> 2:00 Trivia Fun 3:00 Cafe Social	<b>Earth Day</b> <b>22</b> 10:30 News&Events 2:00 Sing-a-Long with Karen 2:00 Earth Day Clean Up 	10:30 Fun&Fitness <b>23</b> 11:00 Men's Music 2:00 Bingo 3:00 Café Social	9:30 Indoor Gardening <b>24</b> 10:30 Ad. Exercise 2:00 Birthday Party: Traci Kennedy 3:00 Café Social 	10:00 Pet Care <b>25</b> 11:00 Church Service 2:00 Bingo 3:00 Café Social	10:30 Word Games <b>26</b> 11:30 Drum Circle 2:00 Balloon Volleyball 3:00 Café Social 3:30 Tone Chime's	10:30 Fun & Fitness <b>27</b> 2:00 Bingo 3:00 Café Social 
11:00 Hymn Sing <b>28</b> 2:00 Bracelet Making Craft 3:00 Cafe Social 	10:30 News&Events <b>29</b> 10:30 DROM 2:00 Sing-a-Long with Karen	10:30 Fun&Fitness <b>30</b> 11:00 Men's Music 2:00 Bingo 3:00 Café Social	<b>To contact Activities:</b> 519-271-4090 ext. 2227 activity@sprucelodge.on.ca * <b>Programs may change*</b>		<b>Contact Activities if interested in Outings *</b>	<b>Monday April 8th is the solar eclipse from 2:00 - 4:30pm. Avoid going outside at this time as looking directly at the sun can cause permanent damage to your eyes.</b>