

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

October

Woodland Towers Activities 2024

<p>6</p> <p>1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Monday Jam Session with Christa! All welcome! Bring an instrument or your voice! GA</p>	<p>7</p> <p>1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Monday Jam Session with Christa! All welcome! Bring an instrument or your voice! GA</p>	<p>8</p> <p>2:00 Cornhole Patio 11:30 Oktoberfest Sausage and Sauerkraut BBQ Dinner DR (\$3 Beer/Wine) 6:30 Toonie Tuesday Pub Night with Randy Satchell! Griffith Auditorium\$</p>	<p>9</p> <p>10:00 Aquatic Balance/ Falls Prevention Pool 10:00 Pump it Up: Combined WR 1:00 Hand Waxing ML\$2 1:30 DROM FIT RR 2:00 Brain Teasers ML 7:00 Bingo DR\$</p>	<p>10</p> <p>10:00 Stay Fit Exercise GA 10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 2:00 Oktoberfest Bash with the Ziggy Zaggie's Band! GA\$ 6:30 Euchre RR</p>	<p>11</p> <p>9:00-12:00 Dianna and Ruth's Mini MarketGA\$ 10:30 DROM FIT GA 1:30 - 3 Creative Corner SR</p> <p>Yom Kippur Begins</p>	<p>12</p> <p>9:00 Coffee Hour Bistro\$ 2:00 Karaoke Main Lobby 6:30 Euchre RR</p>
<p>13</p>  <p>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p>14</p> <p>9:30 Pump it up: Balance GA 2:00 Bring and Brag: What are you Thankful For? RR 3:15 Nature Walk ML</p>	<p>15</p> <p>9:30 Pump it up: Balance GA 2:00 Bring and Brag: What are you Thankful For? RR 3:15 Nature Walk ML</p>	<p>16</p> <p>10:00 Aquatic Balance/ Falls Prevention Pool 1:00 Hand Waxing ML\$2 2:00 Hang Man Word Game ML 1:30 DROM FIT GA 7:00 Bingo DR\$</p> <p>Sukkot Begins</p>	<p>17</p> <p>8:30 Breakfast \$ Sign Up 10:00-2:00 Katie's Jewelry ML\$ 10:00 Stay Fit Exercise GA 10:00 Bible Study SR 10:00 Billiards and Coffee 10:45 Blood Pressure Clinic GR 1:30 Worship Service with Gerry Langis GA 1:30 - 3 Creative Corner SR 3:00 Ladies Tea RR 6:30 Euchre RR</p>	<p>18</p> <p>9:30 Pump it Up: StrengthGA 10:30 DROM FIT GA 1:30 Line Dancing Class GA 2:00 *** AIR FRYER FRIDAY RR 3:00 Karaoke RR</p>	<p>19</p> <p>6:30 Euchre RR</p>
<p>20</p> <p>10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 2:00 Manicures and Chat with Lucas SR</p>	<p>21</p> <p>10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 2:00 Manicures and Chat with Lucas SR</p>	<p>22</p> <p>9:30 Pump it up: Balance GA 10:30 Fall Colour Tour and Outing to Anna Mae's Restaurant – Millbank ML\$ 1:30 Fireside Sing-Along with Julie, Charlene and DK ML</p>	<p>23</p> <p>10:00 Aquatic Balance/ Falls Prevention Pool 10:00 Pump it Up: Combined GA 1:00 Hand Waxing ML\$2 1:30 DROM FIT GA 2:30 Halloween Movie and Popcorn Matinee: The Addams Family GA\$ 7:00 Bingo DR\$</p>	<p>24</p> <p>10:00 Stay Fit Exercise WR 10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 1:30 - 3 Creative Corner SR 2:00 Ice Cream Sundae Social! DR \$3 6:30 Euchre RR</p> <p>Simchat Torah Begins</p>	<p>25</p> <p>10:30 DROM FIT GA 2:00 Sing along with Karen GR</p>	<p>26</p> <p>9:00 Coffee Hour Bistro\$ 2:00 Open Mic Dining Room 6:30 Euchre RR</p>
<p>27</p> <p>1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Afternoon Coffee RR\$</p>	<p>28</p> <p>1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Afternoon Coffee RR\$</p>	<p>29</p> <p>9:30 Pump it up: Balance GA 2:00 October Birthday Party DR</p>	<p>30</p> <p>10:00 Aquatic Balance/ Falls Prevention Pool 10:00 Pump it Up: Combined WR 1:00 Hand Waxing ML\$2 1:30 DROM FIT RR 2:00 Pumpkin Carving RR 7:00 Bingo DR\$</p>	<p>31</p> <p>10:00 Stay Fit Exercise GA 10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 2:00 Hocus Pocus HALLOWEEN Bash! DR\$ 6:30 Euchre RR</p> <p>Halloween</p>		

Home #: 519-271-4090 Kim: x2230 Karen: x 2257 Music Therapy: x 2209 Pool: Tamara x 2282