



# February 2025

## Spruce Lodge Community Calendar



**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

To Contact Activities:  
 (519) 271-4090 ext. 2227  
 activity@sprucelodge.on.ca

\*Programs may change\*

<p>To Contact Activities:          (519) 271-4090 ext. 2227          activity@sprucelodge.on.ca</p> <p>*Programs may change*</p>							<p>10:30 Seated Sit &amp; Stretch          2:00 Bingo          3:00 Café Social</p> <p><b>BINGO</b></p>
<p><b>Groundhog Day 2</b>          10:00 TV Church Service          2:00 Groundhog Table Talk          3:00 Cafe Social </p>	<p>10:30 News, Views, &amp; Events          2:00 Sing-a-Long with Karen          3:00 Cafe Social </p>	<p>10:30 Adam's Advanced Exercises           10:30 Valentine's Day Craft          2:00 Music with Connor          3:00 Café Social</p>	<p>10:30 Hangman          2:00 Baseball Game          3:00 Café Social          6:30 Iceland Travelogue</p>	<p>10:00 Walking Group          11:00 Church Service          2:00 Bingo          3:00 Café Social</p>	<p>10:30 Balloon Volleyball          2:00 Black History Month: Who Am I Trivia?           3:00 Cafe Social</p>	<p>10:30 Fun &amp; Fitness          2:00 Bingo          3:00 Café Social</p> <p><b>BINGO</b></p>	
<p><b>Super bowl Sunday 9</b>          10:00 TV Church Service          2:00 Music with Mike Ryan          3:00 Cafe Social </p>	<p>10:30 Valentine's Color &amp; Music          2:00 Sing-a-Long with Karen          3:00 Cafe Social          6:30 2 Gals &amp; a Guitar </p>	<p><b>Glamour Shots 11</b>          10:30 Adam's Advanced Exercises           10:30 Manicures          2:00 Bingo          3:00 Café Social</p>	<p>10:30 RC Mass          11:15 Church Service          2:00 Word Games</p>	<p>10:00 Walking Group          10:00 Scrapbooking          2:00 Bingo          3:00 Café Social          4:00 Friendship Circle</p>	<p><b>Valentine's Day 14</b>          10:30 Decorating: heart cookies           2:00 Music by Now&amp;Then Duo          3:00 Sweetheart Social</p>	<p>10:30 Adam's Advance Exercise          2:00 Bingo          3:00 Café Social</p> <p><b>BINGO</b></p>	
<p>10:00 TV Church Service          10:30 Trivia          2:00 Crafty Corner          3:00 Cafe Social</p> <p><b>TRIVIA</b></p>	<p><b>Family Day 17</b>  </p>	<p>10:30 Adam's Advanced Exercises          10:30 Reading Group: Poems          2:00 Bingo          3:00 Café and Music</p>	<p>10:30 Rec &amp; Leisure Presentation          2:00 Birthday Party with Conn Smyth          3:00 Café Social </p>	<p>10:00 Walking Group          11:00 Church Service          2:00 Bingo          3:00 Café Social          6:30 Just for Fun Band</p>	<p>10:00 Charades game          2:00 Multi-cultural Event          3:00 Cafe Social</p> <p></p>	<p>10:30 Adam's Advance Exercise          2:00 Bingo          3:00 Café Social</p> <p><b>BINGO</b></p>	
<p>10:00 TV Church Service          10:30 Cards &amp; Games          2:00 Craft Beer Tasting Cart          3:00 Cafe Social </p>	<p>10:30 Word Games          2:00 Hymn Sing with Karen          3:00 Cafe Social </p>	<p>10:30 Fun &amp; Fitness          2:00 Bingo          3:00 Café Social</p>	<p><b>Anti-Bullying Day 26</b>          10:30 Resident Council          1:45 Christian School kids visit          3:00 Café Social </p>	<p>10:00 Walking Group          11:00 Church Service          2:00 Bingo          3:00 Café Social</p>	<p>10:30 Carpet Bowling          2:00 Comedy Movie          3:00 Cafe Social</p> <p></p>	<p>February is  <b>Therapeutic Recreation</b>          Month</p>	