




















July 2025

Spruce Lodge Community Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To contact activities: (519) 271-4090 ext. 2227 activity@sprucelodge.on.ca *Programs may change*		Canada Day Stat 1 10:30 Bingo 2:00 Canadian themed Hangman 3:00 Canada Day Cafe 	10:00 Pop up Thrift Shop by donation in the Chapel 2:00 Carpet Bowling 3:00 Café Social 6:30 Stratford Bag Pipe Band 	10:00 Walking Group 10:00 Adams Advanced Exercises 2:00 Bingo 3:00 Café Social	10:00 Scrapbooking 11:00 Hymn Sing with Deb 2:00 Resident Horse Races 3:00 Cafe Social	10:30 Fun & Fitness 2:00 Bingo 3:00 Café Social 
10:00 TV Church Service 1:40 Blue Jays vs LAA 3:00 Cafe Social 6	Hawaiian Day 7 10:30 Fruit Tasting 11:00 Women's Community Music 2:00 Sing Along with Karen 3:00 Hawaiian Social 	10:00 Adam's Advanced Exercises 10:30 Campfire with Rachel 2:00 Bingo 3:00 Café Social 	10:30 RC Mass 11:00 Men's Community Music 2:00 Leavin Tracks Entertainment 3:00 Café Social 3:30 Choir Group	Blue Jays Day 10 10:30 Baseball Game 12:00 BBQ Lunch 2:00 Bingo 3:00 Café Social 6:30 Blue Jays Trivia 	10:00 Adams Advanced Exercises 11:00 Hymn Sing with Deb 2:00 Word Games 3:00 Tim Horton's Drive Thru 	10:30 Coffee & Word Games 2:00 Bingo 3:00 Café Social 
10:00 TV Church Service 2:00 Music by Mike Ryan 3:00 Cafe Social 4:05 Blue Jays vs ATH 13	10:30 Canadian Travelogue 11:00 Women's Community Music 2:00 Food Committee Meeting 3:00 Cafe Social 14	Christmas in July 15 10:00 Christmas Caroling with Rachel 2:00 Bingo 3:00 Watermelon Christmas Trees 	10:30 Resident Council 11:00 Men's Community Music 2:00 All about Stratford 3:00 Cafe Social 3:30 Choir Group 16	10:00 Walking Group 2:00 Bingo 3:00 Café Social 6:30 Friendship Circle 17	10:00 Balloon Volleyball 11:00 Hymn Sing with Deb 2:00 Woodland Tower Campfire outside 3:00 Cafe Social 	10:30 Fun & Fitness 2:00 Bingo 3:00 Café Social 
10:00 TV Church Service 10:30 Crafty Corner Fun 2:00 Trivia Fun 3:00 Cafe Social 20	10:30 Carpet Bowling 11:00 Women's Community Music 2:00 Chip Tasting 3:00 Café Social 	10:00 Adam's Advanced Exercises 10:30 Glamour Pictures 2:00 Bingo 3:00 Café Social 22	Resident Concert 23 10:00 Scrapbooking 11:00 Men's Community Music 2:00 Resident Concert 3:00 Café Social 3:30 Choir Group 	10:00 Walking Group 2:00 Bingo 3:00 Café Social 6:30 Reading Group 	10:00 Coffee and News 11:00 Hymn Sing with Deb 2:00 Water balloon Toss 3:00 Cafe Social 	10:30 Fun & Fitness 2:00 Bingo 3:00 Café Social 
10:00 TV Church Service 1:40 Blue Jays vs Detroit 2:00 Cards & Games 3:00 Cafe Social 27	10:30 Travelogue: Miami 11:00 Women's Community Music 2:00 Hymn sing with Karen 3:00 Cafe Social 28	10:00 Adam's Advanced Exercises 2:00 Bingo 3:00 Café Social 4:00 Friendship Circle 29	10:30 Seashell Fun 11:00 Men's Community Music 2:00 Music by Bob Lauze 3:00 Birthday Café 3:30 Choir Group 	10:00 Walking Group 2:00 Bingo 3:00 Café Social 6:30 Manicure Cart 31	