















To contact activities:
(519) 271-4090 ext. 2227
activity@sprucelodge.on.ca

Programs may change

December 2025

Spruce Lodge Nursing Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 Word Games 1 11:00 Women's Music Group 2:00 Community Jam with Rachel & friends from the Ritz 3:00 Cafe Social 	10:00 Adam's Advanced Exercises 2 2:00 Bingo 3:00 Café Social 6:30 Christmas Trivia	Hockey Jersey Day 3 10:30 Living Room Hockey Game 11:00 Men's Music Group 2:00 Scrapbooking 3:00 Café Social 	10:00 Walking Group 4 11:00 Church Service 2:00 Bingo 3:00 Café Social 3:30 Choir Group	10:30 Winter Glamour Pics 5 2:00 Christmas Music With The Dave Adams Band 3:00 Cafe Social	10:30 Bingo 6 2:00 Keep up the Balloon 3:00 Café Social
10:00 TV Church Service 7 2:00 Christmas Tree Word Game 3:00 Cafe Social	10:30 Christmas Movie 8 11:00 Women's Music Group 2:00 Sing-a-Long with Karen 3:00 Cafe Social 6:30 2 Gals and a Guitar	10:00 Adam's Advanced Exercises 9 2:00 Bingo 3:00 Café Social 	10:30 RC Mass 10 11:15 Church Service 2:00 Live Music With Sheryl Walsh 3:00 Café Social 	10:00 Walking Group 11 10:30 Caroling with Martine 2:00 Bingo 3:00 Café Social 3:30 Choir Group 4:00 Friendship Circle	10:30 Christmas Concert with school kids 12 2:00 Christmas Cookie Tasting 3:00 Cafe Social 	10:30 Bingo 13 2:00 Advanced Exercises 3:00 Café Social
10:00 TV Church Service 14 2:00 Music with Mike Ryan 3:00 Cafe Social	10:30 Christmas Traditions Travelogue 15 11:00 Women's Music Group 2:00 SL Christmas Concert 3:00 Cafe Social 	10:00 Adam's Advanced Exercises 16 2:00 Bingo 3:00 Café Social	10:30 Resident Council 17 2:00 Diabetes Presentation with Victoria 3:00 Café Social 	10:00 Walking Group 18 11:00 Church Service 2:00 Bingo with the RBC Bank 3:00 Café Social 3:30 Choir Group 6:30 Just for Fun Band	Ugly Christmas Sweater Day 19 10:30 Christmas Music Bingo 2:00 Christmas Craft 3:00 Cafe Social	10:30 Bingo 20 2:00 Winter Word Game 3:00 Café Social 
10:00 TV Church Service 21 2:00 Cottage Reading Group 3:00 Cafe Social	10:30 Christmas Reminiscing 22 11:00 Women's Music Group 2:00 Sing-a-Long with Karen 3:00 Cafe Social	Christmas Character Day 23 10:30 Bingo 2:00 SL Christmas Parade 3:00 Café Social 	Christmas Eve (PJ Day) 24 10:30 Holiday Cards 2:00 Christmas Movie Matinee 3:00 Hot Chocolate Cafe 	Christmas Day (PJ Day) 25 	Boxing Day 26 	10:30 Bingo 27 2:00 Craft: Paper Snowflakes 3:00 Café Social 
10:00 TV Church Service 28 2:00 Decorating for New Year's Eve 3:00 Cafe Social	10:30 Scrapbooking 29 11:00 Women's Music Group 2:00 Hymn Sing With Karen 3:00 Cafe Social	10:00 Adam's Advanced Exercises 30 2:00 Bingo 3:00 Café Social	New Years Eve 31 10:30 Trivia Fun 2:00 New Year's Eve Music with Connor 3:00 Café Social 