



SPRING TWO POOL HOURS

Updated April 16, 2018

MONDAY APRIL 23 TO SATURDAY JUNE 30, 2018

Please pay Lifeguard On-Duty before you swim. This schedule is subject to change.

	MONDAY NO LIFEGUARD Adult Only, Class B DAY-TIME ONLY	TUESDAY	WEDNESDAY	THURSDAY NO LIFEGUARD Adult Only, Class B DAY-TIME ONLY	FRIDAY	SATURDAY
OPEN SWIMS		<u>April 24-May 29</u> <u>11am-12pm</u> <u>June 6-26</u> <u>2pm-3pm</u> <u>7PM-8PM</u>	<u>1:45-2:45</u>		<u>2:00-3:00</u> <u>4:00-5:00</u> <u>7:00-8:00</u>	<u>12:00-1:00</u>
Adult Swim	10:00-11:00am 12:00-1:00 2:00-3:00*Cancelled Monday April 30			9:00-9:55am 11:00-12:00 12:00-1:00 2:00-3:00		
Therapy/ Adult Swim		<u>June 6-26</u> <u>3:00-4:00</u>	<u>2:45-3:45</u>		<u>3:00-4:00</u>	
<u>THE POOL IS CLOSED MONDAY MAY 21 FOR THE VICTORIA DAY HOLIDAY.</u>						

	EACH	10 PASS	20 PASS
Child (4-14 years)	\$4.00	\$28.75	\$56.65
Adult (15 and up)	\$8.50	\$64.05	\$113.85
Family Rate (no more than two adults, max 4 people)	\$21.25	\$153.80	\$278.75

We accept cheque or cash only.

When the pool is operating as a CLASS B, signage will be in place.
PLEASE BE ADVISED ON MONDAY'S AND THURSDAY'S THE POOL IS
OPERATING UNLIFGUARDED.
YOU MAY NOT SWIM ALONE. SWIM AT YOUR OWN RISK.

NO PERSONS UNDER THE AGE OF 18 WILL BE PERMITTED INTO THE CHANGEROOMS PRIOR TO 3:45PM.

Description of Swims:

Therapy/Adult Swims—are for ANYONE working with someone or on their own in the water for therapy purposes. This is more of a quiet time where everyone has a chance to work on exercises to increase or work on maintaining their mobility. While this is non-instructed swim time, we have lifeguards and staff on hand to aid in your mobility exercises.

Adult Swim—this swim is strictly for adults, you may work on your therapy, or just come to enjoy the warm water.

Open Swim—Opens Swims are for anyone to attend. The slide may be available for children as well as the toys, lifejackets etc. We offer Open Swims multiple times during the week.

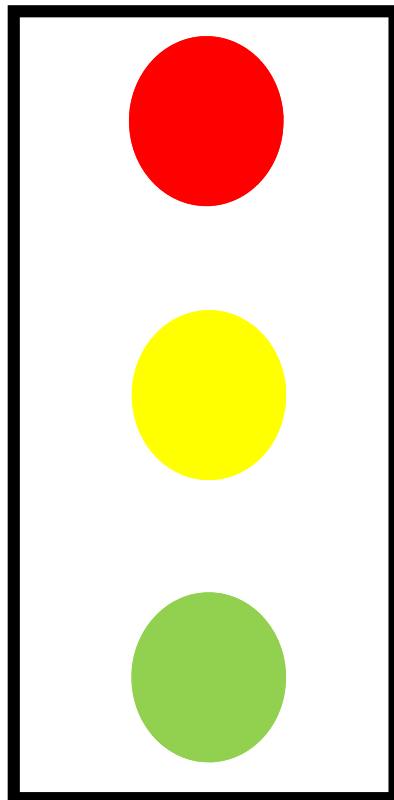
Our schedules change, or are subject to change, every 10 weeks. Please check back regularly for updates. Updates to the schedule will be noted with a time/date.

*WE ONLY ACCEPT CHEQUES OR CASH AT THE POOL. There are no debit machines here. Whenever possible we do the best we can to avoid cancellations and disruptions to the posted schedule. Sometimes this is unavoidable. Swim times can change without notice due to unforeseen circumstances.

SPRUCE LODGE SWIM ADMISSION PROCESS



UNSURE?



BE SURE!

RED—STOP! All Children under the age of 6 MUST swim in the shallow end with Parent/Guardian (13+ years old). Children MUST remain within DIRECT IN-WATER supervision and within arms reach of guardian.
Maximum of 2 children per each Parent/Guardian (1:2)

YELLOW—PROCEED WITH CAUTION
Children 6-10 years who are non-swimmers MUST swim in the shallow end with Parent/Guardian (13+ years)
Children must remain within direct in-water supervision and within arms reach.
Maximum of 4 children per each Parent/Guardian (1:4)

GREEN—GO! Children 6-10 years who PASS the Swim Admission Test MAY swim unaccompanied. Children who pass may be asked to take the test again if aquatic staff are concerned that they cannot demonstrate the ability to maintain the Swim Admission Standard.
Adult/Guardian must not leave building.

PLEASE ASK THE LIFEGUARD ON-DUTY TO ADMINISTER THE SWIMTEST—THE SWIM TEST WILL BE PERFORMED IN THE SHALLOW END. CHILDREN ARE REQUIRED TO SWIM WITH THEIR FACE IN, USING ARM AND LEG ACTION, FOR TWO WIDTHS OF THE POOL. THE SWIM IS TO BE PERFORMED WITHOUT STOPPING AND WITHOUT TOUCHING THE BOTTOM. Alternatively, if it can be proven that the child is enrolled in Crocodile, Whale, or SK3 and /or that they have passed any of those levels, test will be waived.