

Winter

Session Dates November 26-February 17

Registration
Dates November 12-16

Holidays Break Dec. 24 to Jan. 6

Cost 10 weeks for day-time and evening programming. **Cost is \$79.00**
All classes including evenings are off Dec. 24-Jan. 6.
All classes are 45 minutes.

Water Fitness Class Schedule.

Monday	Tuesday	Wednesday	Thursday	Friday
	10:00am		10:00am	
11:15am		11:15am		11:15am
1:00pm			1:00pm	
7:30pm	Stand Up Paddle Board Yoga	7:00pm 8:00pm		

All new registrants must fill out a Health Intake Form and hand that in with their registration form and payment.