

## What to expect at The Spruce Aquatic Centre:

**As a VISITOR to our facility:** You are expected to wear a face covering when you are on the campus grounds. The face covering must cover your nose, mouth and chin, without gaping.

- Anyone entering the facility will be screened prior to being admitted for their program.
- Please arrive 5 minutes before your scheduled program, ready to swim in your bathing suit.
- Proceed directly to the shower following directions from staff and posted signage.
- Please bring your belongings onto the pool deck.
- Swimmers are reminded to keep 2 metres away from other swimmers.
- Bathrooms will be available for use during swim times.
- Please leave at the conclusion of your program through the designated exit points. Do not shower, or linger on deck.

## Water Fitness Classes

### Modifications for Water Fitness Classes

- All swimmers wishing to participate must register.
- Registration will open one week prior to class at the facility parking lot. \*Dates and time to follow. (Via webpage and Facebook)
- Spaces are first come, first served for **all** classes.
- Equipment is permitted and will be sanitized after each use
- Participants must register in advance for their classes by filling out a printable registration form available online.
- Payment will be taken in person via debit or credit card. (no cash)

## Members and Open swims

### Modifications for Recreational Swimming

- Swimmers must register in advance for their swim. This can be done by phone or by email; [pool@sprucelodge.on.ca](mailto:pool@sprucelodge.on.ca)
- **Payment will be taken at the time of registration over the phone via credit card.**
- All swimmers wishing to participate must register.
- Registration will open 48 hours prior to the date of the swim.
- Spaces are first come, first served.
- All **Members** or **Public** swims will be either 30 or 45 minutes in length. Please note length on a current posted schedule.
- Pool capacities will be reduced to permit physical distancing.
- No equipment other than a limited number of lifejackets will be available. You may bring your own.